

April 13, 2015
Representative Grad,

Per your request on April 8th, 2015, the Department of Mental Health is submitting the following information:

Question: What are the relapse rates for individuals who receive involuntary psychiatric treatment?

Response: In general, our 30 day readmission rates for involuntary patients have been in the 8-10% for each quarter. Additional reports on relapse rates for involuntary patients can be found at:

http://mentalhealth.vermont.gov/sites/dmh/files/report/legislative/2015-ACT79_Final_1-15-15.pdf.

Regarding individuals who have been on an order of non-hospitalization (ONH), DMH does not currently track the relapse rates of those individuals once they are no longer on an ONH.

Question: Are there waiting lists in Vermont for certain types of mental health treatment (i.e. counseling, psychiatry, emergency, hospitalization)?

Response: There are waiting lists for counseling around the state, as well as, psychiatry. Waiting times can range from a few days to many months, depending on the agency and the type of treatment sought (i.e. waiting times for psychiatry tend to be longer). Insurance type does play a role in how quickly people can access care, but it is voluntary care. There are not wait lists for emergency care. There are current "delays" in hospitalizations, but not wait lists for hospitalizations. Anyone assessed to require inpatient care will receive it.

Please contact us if you have any additional questions.

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